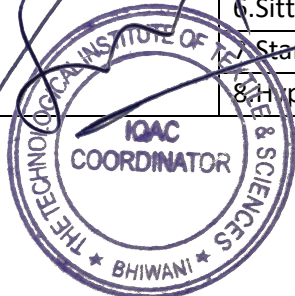


## List of Sports, Games, Gymnasium, Yoga, Cultural Facilities

S. No	Description	Name of Sports	No. of Facility	Physical Location	Area (Meters)
1	<b>Sports Facilities for Outdoor Games</b>	1. Football	1	BOYS HOSTEL	105 X 68
		2. Volleyball	3	2BOYS + 1GIRLS HOSTEL	18 X 9
		3. Kabaddi	1	BOYS HOSTEL	13 X 10
		4. Kho-Kho	1	BOYS HOSTEL	27 X 16
		5. Badminton	2	1 BOYS+ 1 GIRLS HOSTEL	13.4 X 6.1
		6. Cricket	1	BOYS HOSTEL	Diameter 137
		7. Hockey	1	BOYS HOSTEL	91.4 X 55
		8. Lawn Tennis	1	COLLEGE	23.5 X 10.9
		9. Basketball	1	BOYS HOSTEL	15 X 11
2	<b>Sports facilities for Indoor games</b>	1. Badminton	2	1 BOYS+ 1GIRLS HOSTEL	13.4 X 6.1
		2. Chess	4	COMMON ROOM	8 X 5
		3. Table Tennis	2	1 BOYS + 1 GIRLS HOSTEL	2.7 X 1.5
		4. Carrom	4	COMMON ROOMS	8 X 5
3	<b>Gymnasium facilities for Boys &amp; Girls</b>	1. Abdominal	Yes	GIRLS' & BOYS' GYM	GIRLS' GYM 9.75 * 6.71
		2. High pully	Yes		
		3. Low pully	Yes		
		4. Treadmil manual	Yes		
		5. Treadmil machine	No		BOYS' GYM 15.63*12.81
		6. Sitting twister	Yes		
		7. Standing twister	Yes		
		8. Hyper extension	Yes		

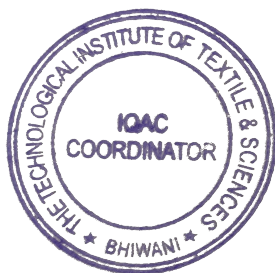


  
**Director,**  
**THE TECHNOLOGICAL INSTITUTE**  
**OF TEXTILE & SCIENCES, BHIWANI**

		9. Stepper	Yes		
		10. Cycle exercise	Yes		
		11. Bench press	Yes		
		12. Plate rack	Yes		
		13. High plate (1kg, 2kg, 2.5kg, 5kg, 6 kg)	Yes		
		14. Dumbbells (1kg, 2kg, 3kg, 4kg, 5kg, 6kg)	Yes		
		15. Stomach belt	Yes		
		16. Barbell stand	Yes		
		17. Peck deck	Yes		
		18. Leg extension	Yes		
		19. Lifting bar	Yes		
		20. Weight machine	Yes		
4	<b>Facilities for Yoga Activities</b>	Lush Green Open Gardens	Yes	COLLEGE AND BOYS HOSTEL	
5	<b>Facilities for Cultural Activities</b>	1. Central Auditorium 2. Open Air Theatre 3. Sarasvati Temple	Yes	COLLEGE AND BOYS HOSTEL	



**IQAC Coordinator**




**Director**

**Director,  
THE TECHNOLOGICAL INSTITUTE  
OF TEXTILE & SCIENCES, BHIWANI**